

**NEWSLETTER 18 - FEBRUARY 2024**

## **WESSEX STAR CENTRE**

Dear members and friends,

A very heartfelt and warm greeting to our all members and friends and wishing you health, happiness and joy during the coming year and an especially warm welcome to all our new Members - I look forward to meeting you and welcoming you to our Lodge here at Bournemouth.

During and after the pandemic we weren't able to organise our Day Retreats, but this year I'm very happy to let you know we have two very special retreat days: Jason Wilson will be with us on 18th May to lead a retreat entitled 'At one with Nature'. This will be the first time Jason has visited us and I'm very much looking forward to welcoming him and for all of us to enjoy a really interesting day together.

The second date for you to note is the 26th October when Anna Hayward will be joining us. The theme is 'Inspiration and Creative Power Retreat Day' and I'm sure you'll all be delighted to welcome Anna once more for what I'm sure will be a wonderful time together. For further details of both retreat days please see the information and booking forms further on in the newsletter.

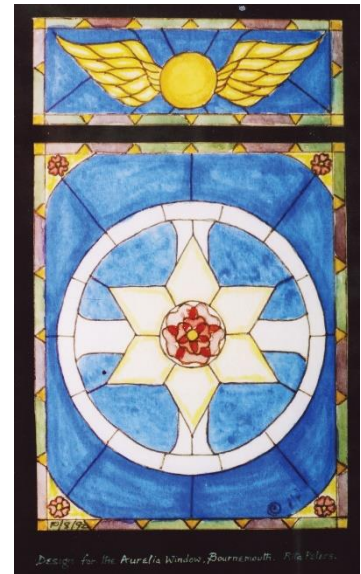
Our afternoon tea this year is on Saturday 6th July to which all are welcome. There will a short Earth Healing service at 2.00pm which will be held in the garden (weather permitting) otherwise in the Chapel. Frank Perry will be there with his singing bowls, White Eagle books will be on sale and we will be holding a raffle. Afternoon tea will be served from 3.00pm followed by the raffle draw at 4.00pm. So do come and join us for a happy and sociable time in the beautiful gardens and bring your friends as well if you wish for what should be a good time together.

Our Christmas/Advent carol service is being held on Sunday 1st December this year - 1.45pm for 2.00pm start with carols White Eagle readings with tea and mince pies to follow.

I would like to finish with some words from dear White Eagle:

"As you go about in the world, do not forget those silent moments when, in the quiet of your inmost sanctuary, you have felt a spiritual power, the touch of angel's wings. There is always something beautiful to be found. Look for it, concentrate. This positive, loving attitude towards life and people helps you to perceive the divine essence, to put into operation the divine magic which heals. All men and women can be healers. All can be consolers. What a lovely word! What more beautiful task can you be given than to console your brother, your sister! To be a servant of God is the most lovely opportunity given to you".

With much love and many blessings to you all,  
Pat



## **Term times:**

Spring term: Opens Monday, 8th January - closes Monday 25th March  
Summer term: Opens Monday 8th April - closes Tuesday 9th July  
Autumn term: Opens Monday 9th September - closes 8th December

### **Brotherhoods 2.00pm for 2.30pm start**

**For all Brothers:** 8th January, 26th February, 11th March, 8th April, 13th May,  
10th June, 8th July, 9th September, 14th October, 11th November.

**For Inner Brothers:** 22nd January, 25th March, 22nd April, 24th June,  
23rd September, 28th October, 25th November.

## **MAY**

### **Saturday 18th Retreat Day with Jason Wilson: 'At one with nature'**

White Eagle tells us we are nearer nature the Creator's heart in the garden, where the flowers speak and the trees enfold us in friendliness, than anywhere on earth. We are intimately connected to all aspects of the natural world and can find great peace there. Enfolded by beautiful trees and plants, in the garden, we will retreat from the outer world to explore these truths together through discussion and meditation.

10.00am for 10.30am start - please book in advance. Fee £10. Light refreshments provided.

You may like to bring a vegetarian packed lunch.

## **OCTOBER**

### **Saturday 26th Retreat Day with Anna Hayward: 'Inspiration and Creative Power'**

Anna will offer some thoughts about how we can develop our inspiration and creative power. We will explore how this can be used in the spiritual context, and in order to draw out and enhance - the beauty, harmony, balance - every day. There will be opportunities for discussion, experience and meditation.

10.00am for 10.30am start - please look in advance. Fee £10. Light refreshments provided.

You may like to bring a vegetarian packed lunch.

## **JULY**

### **Saturday 6th: Summer Afternoon Tea with Earth Healing Attunement**

All are very welcome to join us for a scrumptious afternoon tea. An earth healing attunement will be held at 2.00pm in the garden - weather permitting- otherwise in the Chapel. Frank Perry will be bringing his singing bowls along - Frank has been working with Singing Bowls since 1971 and has a wealth of information. Collecting since those early days, he has a premiere collection of antiques, some dating back centuries, with which to share his wisdom of working with sound. A musician since 1964 he has had 128 album releases. Working with chakras and spiritual practices since 1965, he brings much to share. No prior knowledge of singing bowls will be needed.

There will also be the chance to win a prize in the raffle - the draw will take place about 4.00pm after the tea. Admission £5 including afternoon tea and drinks. 1.00pm to 4.30pm

## **DECEMBER**

### **Sunday 1st Christmas Advent/Carol service - 1.30pm for 2.00pm start.**

Celebration of the Light, including carols. After the service please join us for tea and mince pies.

**CONTACT HEALING SERVICES, open to all are held on 1st and 3rd Fridays of the month - 2.30pm for 3.00pm start. Will new patients please arrive by 2.15pm to meet one of our healers.**

**Spring term:** 19th January. 1st March. 15th March.

**Summer term:** 19th April. 3rd May. 17th May. 7th June. 21st June. 5th July.

**Autumn term:** 20th September. 4th October. 18th October.

1st November. 15th November. 6th December.

**Group meditation: Open to all on the last Thursday in the month - 2.15pm for 2.30pm start**

**Spring term:** 29th February.

**Summer term:** 30th May. 27th June.

**Autumn term:** 26th September, 31st October, 28th November.

### **BOOKING FORMS**

**Please return the forms below to Eileen Roper, Treasurer, The White Eagle Lodge,  
7 Leicester Road, Branksome Park, Poole, Dorset, BH13 6BZ**

Advanced booking is essential for retreats either by completing the form below and sending it with a cheque for £10 payable to The White Eagle Lodge or a BACS transfer (sort code 30 96 50 Account number: 21424660) to our Treasurer Eileen Roper - address as above - or by sending an email to [wewessextreasurer@gmail.com](mailto:wewessextreasurer@gmail.com) with a BACS transfer - details above.

#### **Wessex Star Centre: Bournemouth Lodge**

**Saturday, 26th October 2024 - 'Inspiration and Creative Power Retreat Day' with Anna Hayward. 10.00am for 10.30am start, finish 4.00pm. Fee £10**

Name(s) please print .....

Address .....

.....

Telephone number ..... Email address .....

Payment. by (please tick) Cheque ..... BACS .....

**Wessex Star Centre: Bournemouth Lodge**

**Saturday, 18th May 2024 - 'At one with Nature' - Retreat day with Jason Wilson.  
10.00am for 10.30am start, finish 4.00pm. Fee £10**

Name(s) please print .....

Address. ....

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Telephone number ..... Email address .....

Payment by (please tick). Cheque ..... BACS .....

#### **Please keep in touch with us**

The Bournemouth Lodge: 7 Leicester Road, Branksome Park, Poole, Dorset.  
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[wessex@white-eagle.org.uk](mailto:wessex@white-eagle.org.uk)

Wessex Regional treasurer. Eileen Roper, c/o The Bournemouth Lodge

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