

FEBRUARY 2025

Dear members and friends,

A warm and heartfelt greeting to you all. I trust that all is well with you.

Over the past few weeks, it seems to have been quite a disruptive time, so I chose to read *Seeking Serenity* again, which has proved to be the perfect choice. All of the White Eagle books—and there are many to choose from—offer joy, happiness, and the guidance we all need on occasion.

I always look forward to times when we are all together for various services, especially when we hold a retreat day and welcome one of our Ministers from New Lands to lead us. It's also a good opportunity for any new members to attend and meet us.

During 2024, we enjoyed two wonderfully sociable retreat days—one with Jason Wilson in May and another with Anna Hayward in October. This year, we are excited to welcome **Colum Hayward in April** for a talk on “*The Pyrenees and the Cathars*”. In September, we will host **Rozita Hansen**, the Deputy Lodge Mother to Jenny Dent. It will be a very special day and an opportunity to give her a truly warm welcome to our Wessex Star Centre. For further details, please see the **Calendar of Events** below.

I'd like to share with you a poem I recently came across by **Janet West**, a highly valued member of our lodge and an excellent editor of our newsletters for many years.

With love,

Pat

Now

(by Janet West, 1985)

The mystery of life is that there is no mystery

Mastery and understanding are what we seek

We do not need to look beyond ourselves

For we are life

Life is deep but life is simple

Life is love

Love provides energy, sustenance, the wherewithal to sustain our being

And, once our being is found, then we can lose it in the fullness of love

We find ourselves, then lose ourselves to the greater glory that is part of the finding

This can be done by putting wholehearted trust in God

By letting him in

By inviting him in always

For life is not lived now and again. It is lived always. In all time

Now is always **Now**

We always live in **Now**

We cannot be in anything other than **Now**

So the **Now** needs to be rightly tuned, it needs to be good, to be love-centred

The energy of love is the substance of being

And in being we live

Let the sun of the spirit shine into your heart

Now. Always. Forever. NOW

For the Sun of God needs to be in the heart of all people

Needs to shine from and through us all

Needs to be

Is

We are the Sun of God.

🌸 Calendar of Events 2025

Spring Term:

- Opens: Monday 6th January
- Closes: Monday 14th April

Summer Term:

- Opens: Monday 28th April
- Closes: Saturday 12th July

Autumn Term:

- Opens: Monday 8th September
- Closes: Sunday 7th December

April – Retreat Day with Colum Hayward

📅 Saturday 12th April

🕒 10.00am for 10.30am start – finishes at 4.00pm (with breaks)

📄 Fee: £10 – please book in advance

🍽️ Please bring a vegetarian packed lunch. Light refreshments will be provided.

Topic: “The Pyrenees and the Cathars”

We look forward to welcoming Colum back to our Star Centre for what promises to be an interesting and informative day on the Cathars.

July – Summer Afternoon Tea

📅 Saturday 12th July

🕒 1.30pm to 4.00pm

📄 Admission: £5 (includes afternoon tea)

Join us for a lovely and sociable afternoon—everyone is welcome!

- 🌿 An Earth Healing Attunement will be held at 2.00pm in the garden (weather permitting) or in the Chapel.

- 🎵 At 2.15pm, we will join Frank in the Chapel with his singing bowls.
 - 🍵 Afternoon tea will be served from 3.00pm, followed by a raffle draw just before 4.00pm.
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September – Retreat Day with Rozita Hansen

📅 Saturday 20th September

🕒 10.00am for 10.30am start – finishes at 4.00pm (with breaks)

📄 Fee: £10 – please book in advance

🍽️ Please bring a vegetarian packed lunch. Light refreshments will be provided.

Topic: “Creative Power of Thought”

We are in the Aquarian age—an era of mental stimulation, where thoughts have power. During this day, we will explore how our thoughts influence our lives and the world, and how we can consciously use them for the benefit of all creation.

December – Christmas Advent/Carol Service

📅 Sunday 7th December

🕒 1.30pm for 2.00pm start

Celebrate the **Light** with us through carols and readings.

🍵 Tea and mince pies will be served afterwards.

Contact Healing Services

📅 Held on the first and third Fridays of the month during term time

🕒 2.45pm for 3.00pm start

📄 New patients: please arrive by 2.30pm

Dates:

- 17th January, 7th February, 21st February
- 7th March, 21st March, 4th April

- 2nd May, 16th May, 6th June
 - 20th June, 4th July
 - 19th September, 3rd October, 17th October
 - 7th November, 21st November, 5th December
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Meditation Group

 *Last Thursday of each month*

 *2.00pm for 2.15pm start*

 *Open to all – newcomers welcome*

Dates:

- 30th January, 27th February, 27th March
 - 29th May, 26th June
 - 25th September, 30th October, 27th November
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Stay in Touch

Wessex Star Centre

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