



## IN TOUCH WITH THE HEART

### THE WHITE EAGLE LODGE HEART OF ENGLAND REGIONAL STAR CENTRE

NEWSLETTER NUMBER 26



November 2023

Dear Friend

I do hope that, like me, you are managing to get used to the shorter days and darker evenings and enjoying the beautiful autumn colours in nature.

Firstly I am writing with a reminder of our



**CHRISTMAS SERVICE** on SUNDAY 3RD DECEMBER

Venue: Unitarian chapel, 31 High Street Warwick CV34 4AX

Time: 11.45am until 2.00pm. Please note revised time. All welcome.

Please try to be punctual. This year the Christmas service will start at 12 noon, then after lunch there will be some chanting before finishing at 2.00pm.

Donations in the region of £7 or more would be appreciated to help cover the cost of hiring the chapel.

To book: please email me on [pam.patchett@outlook.com](mailto:pam.patchett@outlook.com) or phone: 01827 373305

Please book early. It really helps 😊



We would like to take this opportunity to congratulate our dear SANDRA WATHALL, Deputy Leader of the Heart of England, who has now been appointed to the position of Co-Leader of the Heart of England Region. I know you will give her your warm support as she takes our Region into a new area of expansion.

May I also remind you of Sandra's new venture in the BIRMINGHAM area -

Dates: Saturday 9th DECEMBER, 13th JANUARY and 10th FEBRUARY

Venue: Friends Meeting House, Colmore Road, Kings Heath, Birmingham B14 7PE

Time: 11.30am

There will be a service, including a meditation, readings and sending out the light, followed by coffee and book sales. To find out more ring Sandra on 0121 444 6578 or email her on [sjwathall@hotmail.com](mailto:sjwathall@hotmail.com) - she would love to hear from you. Or just turn up.

Sandra also holds a Distance Healing Group every Tuesday morning and a monthly service, including readings and meditation.

We continue with our Zoom Prayer Service on the Second Wednesday of the month, and our White Eagle Discussion Group on the third Thursday of the month in the Tamworth area north of Birmingham. Contact Pam for further details.



#### CALLING ALL WOULD-BE HEALERS 🌍

Since the pandemic there has been a marked increase in requests for healing in the Lodge. There are opportunities for members to learn to become Lone Healers, Earth Healers or Animal Distant Healers, and if you are already one of these then perhaps you would like to train to be a hands-on Contact Healer. There will be a new course for Contact Healers starting in the Spring of 2024, so if you are interested in any of these - either Distant or Contact - do contact Pam.



If you would like to visit the Lodge, and have a disability. Please let me know what facilities you would need which would enable you to come.



Looking forward to hearing from you !

My love and blessings, as always

Pam 📧

The Bungalow, Church Street, Clifton Campville, Tamworth, Staffordshire B79 0AR

And now some more words of wisdom from White Eagle:

#### The Secret of Eternal Youth

“Within your heart chakra is the permanent life cell, and from this life cell your whole being can be recreated and recharged. This is the true and perfect healing. With continual and habitual thought of the Christ spirit the body becomes rejuvenated, recreated. When you can understand and practice this you have touched the secret of eternal youth. This light revivifies every chakra and keeps all the ductless glands in perfect working balance.” Food for thought! 🙏