Using this Healing Attunement Card

The pictures on the front of this card show a range of animals free to exhibit natural behaviours. However, many animals on the planet face a difficult existence as a result of illness or ill-treatment.

We suggest choosing any animals or group of animals you know, which are in need of help or healing. Focusing daily (if possible) for about 10 minutes, on sending healing to them. Do this for perhaps a fortnight. After your chosen length of time you can decide whether you wish to change to a different group of animals.

It is partly the steadiness of your work which makes it effective.

Further copies of this card are obtainable from:

The White Eagle Lodge, New Lands, Brewells Lane, Liss, Hampshire. GU33 7HY Tel: 01730 893300 absenthealing2@whiteagle.org www.whiteagle.org

ANIMAL HEALING





Give yourself a few minutes in preparation, relaxing your thoughts, relaxing your body

Let yourself be in the quiet, steady place of your heart

Let yourself be in God's time, the angels' time.

There visualise the Star of Love, of Light and Healing

In the Star your thoughts for good draw the help of the angels.





I see all animals enfolded in the magical Light of the Star.

I seek to work in harmony with the angels who care for the animal kingdom.

Today I pray especially for . . . (name any animal or group of animals)

I pray that the Light of the Star will awaken greater compassion and understanding of the brotherhood of all life in the hearts and minds of human beings, as they walk on Mother earth and with her creatures.

May God's blessing be upon this work.