



August 2023

Eastern England News

Dear Member

We are very happy to tell you that Jean Brown, the leader of the Nevendon Group in Essex, has taken over from Val Crabbe – who resigned this summer after many years as coordinator for your White Eagle region. We are extremely grateful to Val for all her work supporting people in the region and she will continue to run a group from her home in

We have decided, as a result, to change the name of the East Anglia region to Eastern England Region, so that it incorporates Essex, as well as the counties traditionally covered by East Anglia. This change will be reflected in the email address: easternengland@white-eagle.org.uk and will appear in the October/November edition of Stella Polaris.

We are so pleased that Jean is taking on the coordinating role. She is very experienced in the White Eagle work and has been running her group for many years. Jean will be delighted to hear from you with any ideas for the region. She writes:

‘It is such an honour and a pleasure to have been asked to become the Co-ordinator for the Eastern England Star Centre.’ We realise that the region is very large and people are spread out over a wide area, so Jean continues: ‘It would be good if we could find groups of two or three people close enough to meet up occasionally, for a coffee, a walk or in someone’s house, to find common interests and create small White Eagle groups. I took that first step over 25 years ago, with the first group I ran and I have never regretted it. If I can encourage you in anyway please don’t hesitate to write or email me and see if we can help each other.’

We are a family and if you want to try to start a group, then let me know and I can ask in the next circular if there is anybody in your area that would like to join you. I know there are many miles between us, but we could meet up for an hour on Zoom to get to know each other. Can you email me to let me know if you would be interested in an initial Zoom meeting. We could have one session and just discuss what it is we want from it.

I am extremely lucky to have a dedicated White Eagle building in which we hold our three study/meditation groups. Our Nevendon program, with full details of where we are situated, is attached and if anybody lives close enough to come along they would be made very welcome. Please get in touch and we can start an Eastern England Star Centre Network. This comes with my love and sincere good wishes.'

THE SEED OF GOD

As within the seed or bulb that you plant in Springtime lies the subsequent perfection of form, colour and perfume, so in the seed of God planted in every heart is the promise of the perfect human being.

(The Source of all our Strength, by White Eagle)

We are sure we will all be supporting Jean in her new role.

With love and light from us all at New Lands.