

# Welcome to NorthStar

The NorthStar Group is a gathering of friends, members and brothers of The White Eagle Lodge from Scotland and the Far North of England. We warmly invite you to join us in our first annual retreat day being held in the beautiful border town of Berwick-upon-Tweed.

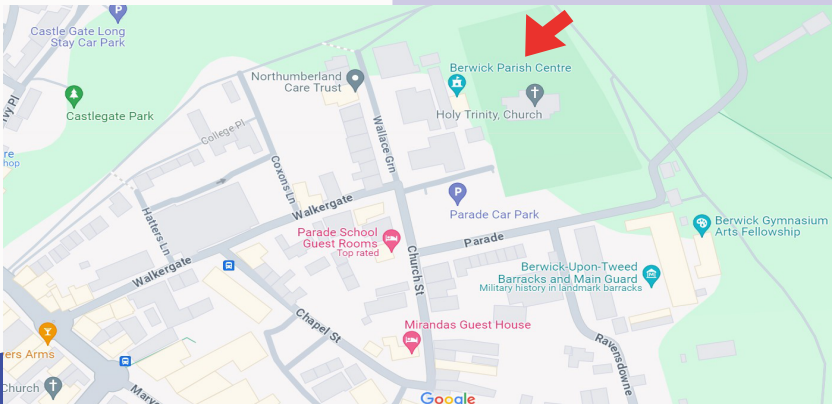
This event is open to everyone and you will be made most welcome. We look forward to seeing you all.

However if you are unable to attend this time please do join us online. We hold online zoom services every 3rd Saturday of the month sending out light and healing to the world.

**If you would like to be added to our mailing list, to receive invites to our zoom services and other events: please contact David Porter via email at:**

**northstar@white-eagle.org.uk**

- 9.45 Doors open
- 10.00 Welcome to NorthStar & talk by Colum Hayward
- 11.15 Refreshment break
- 11.30 Earth attunement
- 12.00 Noon attunement
- 12:15 -13.30 Lunch
- 13.30 - 14.45 Pan-eurhythmic dancing with Jesse Banister (followed by a short break)
- 15.00 Meditation / up-coming events and close with Colum Hayward
- 16.00 Goodbye / day ends



## Please let us know you are coming

Please book your place by contacting David Porter via email: [northstar@white-eagle.org.uk](mailto:northstar@white-eagle.org.uk) by Monday 16th September

We will provide a light lunch (vegetarian) However should you have any specific dietary requirement, may we suggest that you bring your own packed lunch on the day.

Donations welcome on the day, we are not charging a set fee. However, to help us pay our expenses for the day, we would kindly suggest a minimum donation of £10.00 per person or whatever amount you feel able to afford.

# NorthStar Retreat Day



WHITE  
EAGLE  
LODGE

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## Saturday 28th September 2024



Join the NorthStar Group for a day of  
Service, Meditation, Music, Dance and more...

9:45am  
- 4pm

To be held at:

ALL  
WELCOME

Holy Trinity Church

Berwick Parish Centre

Berwick-upon-Tweed TD15 1FD