

THE LIGHT IN THE NORTH

NEWSLETTER of the NORTHERN IRELAND STAR CENTRE AUTUMN 2024

23 Victoria Road, Holywood BT18 9BA

Dear Friends

As we look at world events and the mental and physical challenges our friends and neighbours across the planet are dealing with and, indeed, the difficulties we ourselves are working through, it is very important that we don't lose heart and become filled with doom and gloom.

No matter how bleak it looks, we have a choice - to sink into despondency or to say 'No, I am not going to let my earthly mind pull me down. I am going to see the bright silver lining that every dark cloud has when it tries to obscure the sun.'

We can decide to let go of all the things in the world that we can't influence and concentrate on those areas of our lives that we *can* influence. We can do as much as possible of what we enjoy and which make us feel happy, for example good music, uplifting literature and art, whether looking at it or making it. Use the positive, creative side of your mind to make beauty.

If you like the sea, mountains or moors, go there. Feel their peace. Get a sense of their immense power and beauty. However, the most important thing of all is to fill yourself with light and send out your light through positive thoughts and aspirations. This will make a difference.

Read White Eagle books. Allow his words to speak to you. The vibration of each word will resonate in your heart and begin to dissolve any dark clouds because his words bring comfort and confirmation that everything will work out the way they are meant to. All things work together for good.

White Eagle says:

'Try to take hold of this thought: that the entire universe is working towards ultimate perfection, to ultimate Godliness. Always keep it as your guiding star. Allow it to guide your life, because today is eternity. Those vibrations you set in motion today are your future. Take a fast hold of this ideal of truth and beauty and loveliness throughout life, and you are creating a fair

tomorrow. What you endure today is the vibration of yesterday. So today is eternity, since it reflects yesterday and creates tomorrow.'

White Eagle also says:

'By accepting ills as inevitable, you are not accepting God's will, because God did not intend humanity to suffer. Rather, God created a beautiful world and created, not one, but every individual as His only begotten son or daughter to enjoy the beauties of life. For the son, is not only Christ, but the spirit of Christ which is born in humanity.'

Healing Services: Belfast Saturday schedule

We are starting our Brotherhood, Distant Healing (for people), Animal and Earth Healing services at the South Belfast Quaker Meeting House off the Lisburn Road. Dates and times are as follows:

Venue: South Belfast Quaker Meeting House,
22 Marlborough Park North, Belfast BT9 6HJ

Come early for teas, coffees, biscuits and chat!

Dates: 7 September
21 September
5 October
19 October
2 November
16 November
23 November
Christmas break

We will recommence in January, dates to be confirmed.

Times	Healing service	Participants
9am	Brotherhood service	White Eagle Star Brothers and Inner Brothers
10.30	Distant healing for people	<i>Open to all</i>
11.45	Earth healing and animal healing	<i>Open to all</i>

For security, we need to lock the door while services are running so, if the door is locked when you arrive, please just hang on and we'll let you in at our next break.

Upcoming events at the Quaker Meeting House

Belfast - Friday, 18th October 2024

BROTHERHOOD DAY

Open to all Brothers of the White Eagle Lodge.

This is a day to renew our spiritual vows and join together in the healing brotherhood service with Rozita Hansen, Deputy Lodge Mother.

*All enquiries to Derek Smyth and Nicola Wilson,
northernireland@white-eagle.org.uk*



Belfast

Saturday, 19th October 2024

THE INNER LEADER - a White Eagle Retreat Day, open to everyone

Rozita Hansen, Deputy Lodge Mother will lead us in a thoughtful and uplifting day. She says: In our lives we make choices every day, choose what we want to do and choose what we don't want to do. At different times, our personality responds to our lower, earthly self or to the higher spirit part of us.

Join us to find ways of becoming more aware of our spiritual selves and rise above the 'tomb of the lower mind', as White Eagle describes it.

Optional extra! Celebrate with Derek and Nicola as they receive a White Eagle wedding blessing from Rozita at the end of the day.

South Belfast Quaker Meeting House, 22 Marlborough Park North, Belfast BT9 6HU. 8.45am (for 9.30) – 4.30pm. £25 (£20 concessions)

Teas, coffees, biscuits throughout the day. Books available for sale.

All enquiries to Derek Smyth and Nicola Wilson

northernireland@white-eagle.org.uk

Belfast – Saturday, 14 December 2024

WHITE EAGLE CHRISTMAS SERVICE at the Quaker Meeting House

10am, for 10.30 start, finishing at 1pm

Teas, coffees and mince pies

*All enquiries to Derek Smyth and Nicola Wilson,
northernireland@white-eagle.org.uk*

Announcement

Derek and Nicola are retiring - but not until 30 June 2025.

No definite plans have been agreed as to who is taking over the leadership of the White Eagle work and what form it will take. We will be communicating with you over the next 12 months, letting you know what is happening.

Jenny (Lodge Mother) will be meeting regularly with White Eagle Brothers across the island of Ireland over the coming year in preparation for the future.

Please let us know if you have any queries at all. We're always happy to have a chat. You can contact us at derekswhiteeagle@gmail.com or 07816 125609.

Love and blessings to you all

Derek and Nicola