

THE NORTH-WEST WHITE EAGLE STAR CENTRE

Regional Co-ordinator

Jennifer England



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**Newsletter 31
September 2025**

DAWN STAR

Dear member or friend,

A very warm welcome to everyone. As we draw near to the autumn equinox in the northern hemisphere, it brings a deeper focus on the brotherhood of all life and nature. We observe this particularly with animals and wildlife in their pattern of migration and hibernation, as we too withdraw from the energy of the summer, into a period of inner reflection, and a gentle surrender to nature's cycles and conservation of energy.

The White Eagle teachings open our hearts to a profound sense of responsibility to show love, kindness and service towards all animals. This can be offered in our distant animal healing work reflecting a broader compassion for all creation. The more we can approach nature with the awe and wonder of brother Francis of Assisi, the more we can truly see animals as our brothers and sisters who offer the qualities and gifts of joy, companionship and comfort. Animals can think and feel and respond so beautifully to our healing work whether they are individual pets, farm animals or endangered species, so our work is vital to support them.

White Eagle;

'You have to learn that humanity is one vast brotherhood of life, that all nature is part of you; you are part of the animal kingdom; you are part of the air and the birds in the air and the fish in the sea; you are part of the whole of creation, because you are part of God, and all creation is God.'

During the forthcoming months we shall continue to offer meditation, discussion, contact healing and group work for distant healing, humans and the earth. We shall also be offering a new distant healing group to serve animals. Anyone can join in this work, or receive a contact healing treatment and be made very welcome. There will also be heart meditation, as a drop in meeting for anyone who would like to be part of a group meditation. No experience is required, as support will be given during the meeting, to unfold our own meditation practice.

It will be wonderful to see you again, soon.

With warmest wishes,

Jennifer.



White Eagle 'A Thought for Autumn'

'Know that from the darkness of the earth life, there springs and flourishes that which flowers in beauty, giving forth perfume and radiance. When you plant a bulb in the autumn you have faith that from that brown globe will spring a creation so charged with beauty as to seem a veritable breath of God. It will rise from the depths of darkness, though rooted in decay.'

This is it, beloved child, that the masters are coming to glorify God's earth---a human life of beauty, breathing the essence of the God life.

And so, we say that whatever may be your circumstances or your troubles at this present time, be thankful; for they are the soil about your roots from which the blossoms will spring forth in due season.

Amen.

The White Eagle Healing Work

We all have the potential to be healers in the truest spiritual sense, because we all have the divine or Christ Light within our own being, and can train ourselves to be clear channels for this light and love to shine into the material world.

Involvement in White Eagle's healing work is an unselfconscious path of spiritual unfoldment as well as a genuine spiritual service. If anyone would like to join in the White Eagle healing work as either an animal, earth, distant, lone or contact healer, or would like to have more information please contact Jennifer.

OUR LODGE MOTHER'S BLOG

If you are a member, you can find Jenny Dent's regular blog posted on the news section of the members' area of the website

<https://www.white-eagle.org.uk/news/>

WHITE EAGLE TEACHINGS

DATABASE

To read carefully chosen teachings and addresses which have been given in the White Eagle Lodge please view:

www.white-eagle.org.uk

WHITE EAGLE MONDAY THOUGHTS

Members automatically receive carefully chosen sayings from White Eagle each Monday by e-mail.

FACEBOOK

To share or read selected White Eagle sayings view the page by clicking the Facebook button on www.white-eagle.org.uk

ASTROLOGY

For further information, regarding Astrology Courses etc, please contact: www.white-eagle.org.uk

Regional Activities from October 2025 until July 2026

We are delighted to be able to offer the following activities at the Quaker Meeting House, 1a Bourne Street, Wilmslow, Cheshire SK9 5HD

Distant Healing Groups and Contact Healing Services

Distant healing and contact healing services will be held on the following afternoons: 4th October, 1st November, 14th February, 14th March, 11th April, 9th May, 6th June, 4th July.

Distant Healing Group 1.00pm-1.30pm

The distant healing group is open to anyone who would like to serve as a distant healer. No experience is necessary, and a very warm welcome will be given to newcomers as well as to sitters returning.

Contact Healing Service 2.00pm-3.30pm

Contact healing treatments will be available during the contact healing services, which will be carried out by trained healers. The contact healing treatments can be offered through physical contact (hands on) or without physical contact, if preferred.

For anyone who would like to receive a contact healing treatment, please arrive at least 20 minutes prior to the service. Please confirm at the time of booking whether you wish to attend either or both of these services. Open to all.

Heart Meditation and Distant Earth and Animal Healing Groups

22nd November, 25th April, 23rd May.

All are welcome to attend the earth healing group prior to the heart meditation on 22nd November. The afternoon session will start at 1.00-1.30pm for healing the planet. Please note that on 25th April and 23rd May there will also be an animal healing group in the upstairs room at our venue from 1.00pm-1.30pm.

The heart meditation will follow the distant healing group services and will last one hour finishing at 3.30pm. No experience is necessary and a gentle and relaxed approach is offered to those attending to help find a place of stillness and harmony within, with guidance for their meditation practice at home. Open to all.

'Christmas Celebration' Service Of Worship 13th December

This service will be a time for us to draw together in communion and quiet contemplation and listen to White Eagle teachings with uplifting Christmas carols and an attunement under the Star, to celebrate Christmas.

The Service will run from 1.45-2.45pm. Open to all

Themed Afternoon ‘For the Love of our Animal Brethren’ 28th February

The afternoon will start at 1.30pm. with a distant earth and animal healing service for regular sitters and newcomers, and will finish at 3.30pm.

During the afternoon we shall explore how our service can help the evolution of animals and how we can serve the brotherhood of all life, to its highest ideal. The afternoon will include a meditation. Open to all.

‘A Reflection of Spring and Easter’ Service of Worship, 28th March.

A service when we shall reflect upon the White Eagle teachings for spring and Easter, and listen to gentle music with an attunement and communion.

The service will run from 1.45pm - 2.45pm. Open to all.

Earth Healing Attunement with New Lands for White Eagle Star Centres, 20th June

The afternoon will start with earth and animal healing groups from 1.00pm-1.30pm and the afternoon will finish at 3.30pm. This will be followed by an earth healing attunement, making the link with New Lands, and will include a meditation. Open to all.

Please note the following:

There is no charge for any of the services or activities in the North West region, but voluntary donations are welcome. Bookings for each meeting are essential, and you are most welcome to bring a friend if you wish. It would be most helpful if you could confirm how many will be attending at the time of booking.

Please contact Jennifer northwest@white-eagle.org.uk

Refreshments are available during the break. Sadly, we ask if anyone is experiencing cold-like symptoms not to attend and to only resume meetings once a full recovery is made.

With warmest wishes,
Jennifer England.

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